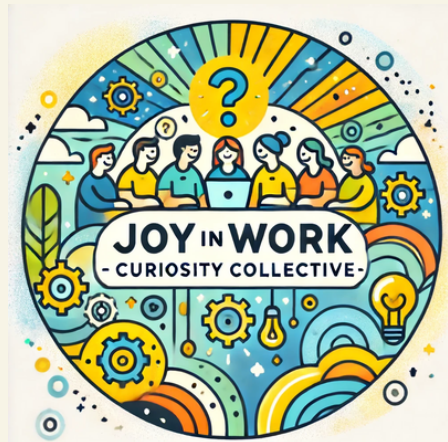


How do we set up Joy in Work in our own organisations?



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Credibility and sustainability

How to emphasise that Joy in Work is not just a fleeting trend but a long-term commitment to improving workplace well-being?



Acknowledge our diverse experiences of Joy in Work

Acknowledge that joy is felt and experienced differently by everyone, and this diversity should be recognised and celebrated in all Joy in Work activities.



Foundation elements for success

Focus on foundational elements such as good communication, understanding team feedback, learning culture, sense of purpose, team belonging, making a difference, and utilising skills to create a sustainable Joy in Work environment including safety, security and basic needs.



Engagement and participation

Engage everyone in the process, from leaders to team members, ensuring that Joy in Work is a collective effort and not seen as trivial or “pink and fluffy.”



Kindness

Encourage kindness in actions and establish pathways for respectful resolution, focusing on constructive conversations and feedback.



Community and support

Highlight the importance of being part of a community to avoid feelings of isolation, and build a sense of belonging and shared purpose.



Integrating Joy in Work with our daily work

Develop strategies to integrate Joy in Work without disrupting daily tasks, promoting initiatives like “Joyful June” and spark conversations and actions.



Skill development for Joy in Work

Understand that we don't experience joy every moment; thus, developing skills to find and nurture joy is essential.



Addressing barriers

Identify and tackle barriers to implementing Joy in Work, ensuring these challenges are addressed collaboratively to create a supportive environment.



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